

# RUBY NOLT

Consultant | Leadership Coach |  
Team Engagement



## PROFESSIONAL SUMMARY

Ruby has over two decades of devoted experience in human and social services, nonprofit leadership, trauma-informed crisis management, and group facilitation. Specializing in empowering individuals to reach their full potential and excel in their careers, Ruby employs her unwavering belief in inherent goodness and expert mediation skills to break toxic cycles and foster profound personal growth. Ruby brings her brilliance in 3 key areas:

**Professional Development:** Ruby specializes in empowering individuals facing imposter syndrome and shame-based mindset struggles. She offers support to navigate various professional setbacks, including overcoming being passed over for a promotion, resolving conflicts with difficult colleagues, and pursuing success in seemingly unrelated fields.

**Group Alignment:** Ruby possesses a distinctive talent for fostering group alignment among diverse perspectives. Her rapid trust-building skills enable her to facilitate difficult conversations effectively, encouraging individuals to listen to and comprehend varying viewpoints. In her facilitation, Ruby cultivates an environment where everyone feels valued, respected, and empowered to contribute.

**Learning Experience:** Ruby has rich experience in facilitating custom curriculum and group conversation for collective learning and development, particularly as it relates to trauma-informed leadership, crisis management, and conflict resolution.

## CERTIFICATIONS

**Certified Facilitator** in 6 Types of Working Genius,  
The Table Group  
**B.A** in Psychology, Lee University

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## METHODOLOGIES

**Assessment-Driven Reflection:** As a proficient certified facilitator of **6 Types of Working Genius**, Ruby excels in fostering a shared team language for understanding and connection. Based on the assessment, she assists teams in identifying each person's unique role and how those roles work together for effective collaboration, resulting in optimal performance.

**Crisis Intervention:** Ruby is an expert in crisis intervention, a professional technique aimed at minimizing lasting harm for individuals facing crises. With over two decades of training, she employs diverse approaches, including reflective listening, empathetic support, and treating clients with honor and respect. Ruby has leveraged her expertise as well as her background in psychology to navigate family business dynamics, foster teamwork, and establish group norms effectively.

## SUCCESSFUL RECORD

*Ruby is distinguished by her innate ability to create a welcoming and empowering environment, effortlessly putting people at ease while addressing complex topics with grace and confidence. Through her interactive teaching approach, she captivates audiences, facilitating deep comprehension on both intellectual and emotional planes. Ruby's unique talent lies in her capacity to instill hope and ensuring lasting impact. Renowned as a favorite presenter, she consistently garners praise for her punctuality, dedication, and the enriching experiences she delivers in every session."*

-Lori De Poto,  
Resource Home Senior Specialist  
COBYS Family Services